

Young Love is a not-for-profit organisation which contributes to the health and wellbeing of teenagers in our community. We provide school and community based mentoring programs and personal development workshops to teenagers who are facing profound challenges in their lives, such as mental health, substance abuse, and sexual health issues.

These are very real and worrying threats to the health of Australian youth, and the prevalence of these issues is on the rise. 15-20% of our teenagers have a significant mental health problem that interferes with their daily lives. The most common illness we see in teenagers now is depression. 1 in 3 young Australian deaths is due to suicide. 1 in 4 12-15 year olds consume alcohol weekly. 1 in 4 girls and 1 in 7 boys are victims of child sexual abuse. Australia has the third highest rate of teenage pregnancy in the developed world. 26% of year 10 students and 47% of year 12 students have had sexual intercourse and their number of partners continues to grow. Our families and communities are breaking down, and so is the self esteem of our young people. What can we do to help?

Mentoring from a positive role model provides a nurturing pathway for teenagers to feel supported through tough times, particularly if they feel they can't go to their parents, teachers or counsellors for various reasons. The power of having someone neutral to talk to who really listens, and actually hears, is extremely powerful. Our personal development workshops provide teenagers with the right resources at an early stage so they are prepared for life, and their life chances are greatly enhanced. Young Love is about caring for our youth, but most importantly it is about teaching them to care about themselves.

Thank you sincerely for helping to improve the health and wellbeing of our young people in Australia.



Please complete the form below and send to The Young Love Foundation

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