

welcome to the term one edition of the 2010 young love newsletter

## mentors

We were completely overwhelmed this term when 56 new volunteers came forward and enrolled in the accredited Mentor Training program conducted through Crows Nest TAFE Outreach. Many thanks to Daena Tyerman and TAFE NSW who agreed to let us run two programs, one in the day and one in the evening, to accommodate so many volunteers. This meant we were also able to attract some great male mentors, as well. With the additional 46 experienced mentors coming back to volunteer for another year with us, we are very excited at the prospect of providing mentors for over 100 young people in 2010.

It is very encouraging to know that so many great people in our community are willing to give up their time to work with a young person. Thank you very much to all our wonderful volunteers for making a difference.



## ismo

We have doubled the number of schools in which our Ismo program (In School Mentoring Opportunity) will be running this year which is an exciting prospect. Ismo will be running in Pittwater High, Mosman High, North Sydney Boys High, Mackellar Girls High, Riverside Girls High, Ryde Secondary College and possibly one other school in lower North Sydney. Many of our programs have already commenced with our "jitters sessions", and the majority of our one-on-one mentoring will commence in high schools in term 2.

The primary focus of our Ismo program is to provide mentors to guys and girls in years 9 and 10 in high schools who could benefit from having a neutral positive role model in their lives to help them identify and achieve their goals. Pictured below is our group of mentors at Mosman High School.



## bump

The Information Session for our Bump program in Dee Why was well attended by many young mums with their gorgeous children, and our 17 new and experienced mentors, who all got to try some yoga as well as hearing about our plans for the program this year. We are currently accepting referrals and applications from young mums for Bump in Dee Why in preparation for our first workshop coming up on Monday 19 April. The Bump program is expanding in 2010 to include a group in Hornsby and we have 6 mentors commencing our group in that area. The Information Session for Bump in Hornsby will be on Thursday 22 April at 10am, and our monthly workshops will be held on Thursdays going forward. We are also taking referrals and applications from young mums for this group in Hornsby. For application forms, click [here](#).

The idea of Bump is to give young mums an experienced mum to talk to on a weekly basis, as well as some time out on a monthly basis to focus on themselves and their dreams and goals. Pictured below are our Hornsby mentors, and the girls doing yoga with many thanks to Elissa and Nikola from [Adore Yoga](#).



## connections

We are pleased to announce that we have been successful in tendering with partners, The Salvation Army and TAFE NSW to provide mentoring within the Youth Connections program in the lower North Sydney area. The program is funded by the Federal Government from 2010 for three years, and aims to re-engage at risk young people to education or employment options. We are taking many of our mentors into schools in this region and we also have a group of mentors who are volunteering with young people in the Youth Connections program at Crows Nest TAFE.

We are extremely excited about this opportunity to partner with highly respected youth support organisations and about being able to connect more young people with professional accredited mentors.

## ball

This year will see the launch of our inaugural fundraising ball which will be a little bit different to the norm. We have a few people on our team already, but we are looking for a few more people who are keen to help pull this innovative event together. Please consider getting involved and giving us a hand.

Our first team meeting for our fundraising ball will be held on Wednesday 12 May 2010 at 7.30pm in Mosman, please email us at [vicki.condon@bigpond.com](mailto:vicki.condon@bigpond.com) to confirm your attendance and get the address.

## wish

Being a not-for-profit charity, we rely heavily on the generosity and support of people and organisations so that we can reach young people with mentors. We pride ourselves on keeping our costs low and operating with simplicity and effectiveness. Part of this is having a quiet wish list for anyone who might like to contribute to the work we do at the Young Love Foundation, as per our wishes below, so if you know someone who might be able to help, please let us know.

[A venue in Hornsby for our Bump workshops](#)

[Someone who would like to run a cooking class for young mums](#)

[Donations of live auction items for our inaugural fundraising ball](#)

[Someone who would like to run a dance class for young mums](#)

[Financial support or sponsorship for our Ismo programs in northern beaches high schools](#)

[Someone who would like to compile a database for us](#)

## workshops

The Young Love Foundation runs innovative workshops for young people facing profound challenges in their lives on various different topics, including dreams and goals, careers and resumes, healthy relationships, budgeting, positive health. We can run our workshops as one or two hours, or as a full day.

Please let us know if you are interested in having one of our workshops conducted for a group of young people, and we can discuss dates and times, or click [here](#) for more information.

## parents

We continue to run our Parent Coaching training program with Lise Angus in Mosman for parents of teenagers who would like to work on bringing more harmony to their home. The program runs for four sessions of two hours each and will be held once our wait list fills.

Please contact us if you are interested in attending this program, as we only have a couple of places left to fill, or click [here](#) for more information.

## happiness

We hope you enjoyed a fantastic Easter break sharing plenty of chocolate and cheer with good friends and family, and some time to think about fresh starts and new beginnings. Remember, happiness is not about who we are or what we have, happiness is entirely about what we think. (Buddha)

Check out our website by clicking on the logo below for more information

