

www.younglove.org.au

mentoring and personal development workshops for teenagers facing profound challenges

welcome to the term one edition of the young love newsletter

mentors

We are thrilled that almost 40 new mentors have now completed their mentor training and are ready to work with young people across northern Sydney in 2009. This includes two research students from ACAP who are undertaking a research project with us, which is a fantastic initiative. Our sincere thanks to Daena Tyerman at Crows Nest TAFE for supporting our group into the accredited TAFE Outreach mentor training program. You can see below some of the incredible people we have attracted, and we are immensely grateful to these people for volunteering their time and energy to make a difference in a young person's life. Our new mentors join the 18 fabulous and experienced mentors who are returning to the program in 2009.

Our programs cannot exist without the generosity of such wonderful volunteers – so thank you all very much. It is so exciting to be able to reach almost 60 young people this year!



school

Our School mentoring program will commence in Term 2, and we are pleased to announce that we will be taking groups of mentors into three schools this year. We are returning to Pittwater High School on Tuesday mornings, and we are starting new programs at Cromer High School on Tuesday afternoons and The Forest High School on Friday mornings. Our mentors will volunteer for one-on-one mentoring for one hour a week in term time until mid Term 4 when we will have a graduation celebration.

The School program is a proven recipe and makes a significant impact on students' lives.

bump

We have 16 mentors who would like to work with a young mum in our Bump program throughout 2009. Now that we know how many mentors we have, we are promoting the program to young mums through many health and community organisations and accepting referrals. We are particularly grateful for the relationship we are building at Mona Vale Hospital with the Social Work and Midwifery teams. One-on-one mentoring will commence in Term 2, and our first Bump workshop will be held on Monday 4 May. If you know a young mum who might enjoy having a mentor, please download or print a copy of our [Bump Brochure](#) and show it to them, or let us know by email on condon@bigpond.net.au or by phone on (0419) 633 881.

The Bump program is an innovative new mentoring initiative, and will be an incredible experience for everyone involved.

parent program

Lise Angus is conducting a fabulous program for parents of teenagers across four Wednesdays in June. The workshops commence on 3 June and conclude on 24 June, and will run from 10am until 12pm. We are limited to 8 people on the program, so register your interest quickly. The cost of the program is \$200 for the four sessions, with a significant portion of that being donated to the Young Love Foundation. More details are available at our website, or by emailing us at condon@bigpond.net.au or by phone on (0419) 633 881.

Don't miss out on this terrific opportunity to learn tangible skills which will help you to really connect with your teenager in a positive way.

dance party

With 120 people at our dance party in February at the Greenwood Hotel in North Sydney, we had a great time dancing to the songs that we all remember from the 80's. It was a fantastic opportunity to catch up with friends in a casual setting, have a few drinks, and dance the night away without being too old and embarrassing ourselves on the dance floor! The guys even got to watch the rugby on the big screen together. We have decided to have two dance parties each year, and the next one is on Saturday 25 July. Make sure you save the date in your diary now. More photos can be seen on our website [here](#)

Our dance parties are a great opportunity to have a fun night out – we “oldies” don't get much of a chance to get out and dance, so get your friends together and make July 25 your big night out



pollie pedal

The Hon. Tony Abbott, MP for the electorate of Warringah, has chosen Young Love as one of the benefactors of his annual Pollie Pedal initiative, and we are very grateful for his generous support, as well as support from major sponsor, Blackmore's. Pollie Pedal was started in 1998 by Tony and other politicians as a way to raise money for various charities. It also provides opportunities for politicians to meet and exchange views and ideas with various communities and local organisations. In 2009, the 1000 kilometre bike ride will travel from Brisbane to Sydney raising money for Aboriginal health scholarships at the Poche Centre for Indigenous Health within the University of Sydney Medical Faculty, as well as supporting The Young Love Foundation in Warringah.

For more information on the Pollie Pedal, and to sponsor the team, please click [here](#)

morning tea with the Hon. Joe Hockey

The Hon. Joe Hockey, MP for North Sydney and Shadow Treasurer, has very generously offered to host a morning tea in support of the Young Love Foundation on Thursday 23rd April from 10am until 11.30am at the Cammeray Golf Club. Our MC for the morning will be Mark Beretta from Channel 7, and we will be making a short presentation overview of the work we are doing at Young Love. If you would like to come along and hear about our organisation, you would be very welcome.

If you would like to join us for morning tea, please rsvp to Vicki at condon@bigpond.net.au or on mobile (0419) 633 881 as soon as possible.

we wish you a peaceful and relaxing easter and thank you all for your support of

